Welcome to the New Mentor Training



Mentor Tutor Connection

Helping students achieve their potential and thrive

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Welcome to the Mentor Tutor Connection

New Mentor Training session

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Workshop Goals

1. Introduction to Mentor Tutor Connection
2. Describe our mentees
3. Clarify the role of a mentor
4. Describe the matching process
5. Promote successful mentoring practices
6. Inspire and encourage long-lasting mentoring relationships

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Introductions

- Your name
- Why you would like to be a mentor?

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Workshop Goals

1. Introduction to Mentor Tutor Connection



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What Is the Mission of MTC?



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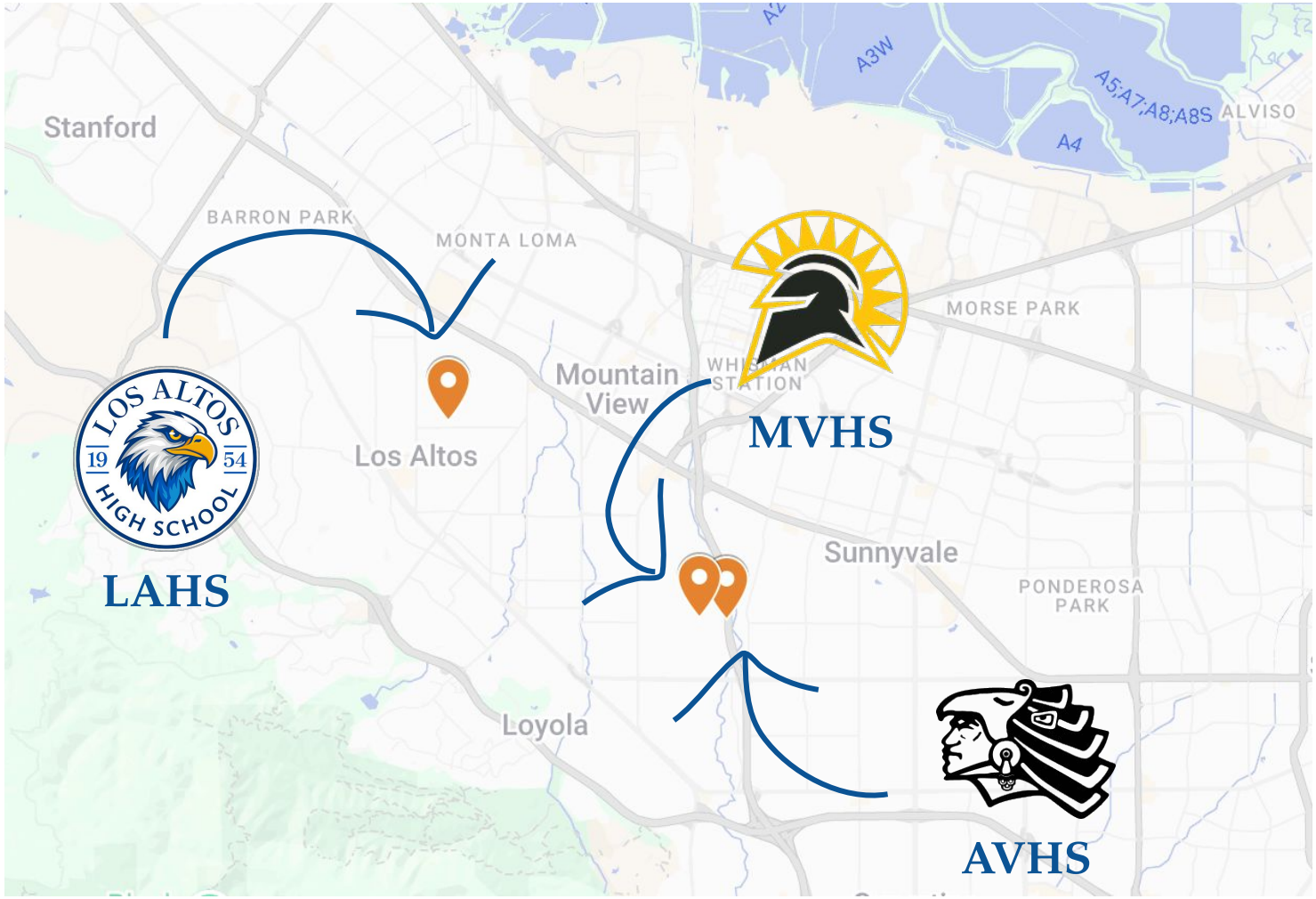
Who Does MTC Serve?

- MTC Mentors serve high school students attending the three high schools of the Mountain View-Los Altos Union High School District (MVLA)

LAHS MVHS AVHS

- MTC Tutors serve the elementary and middle school students of the Mountain View Whisman (MVWSD) and Los Altos (LASD) School Districts

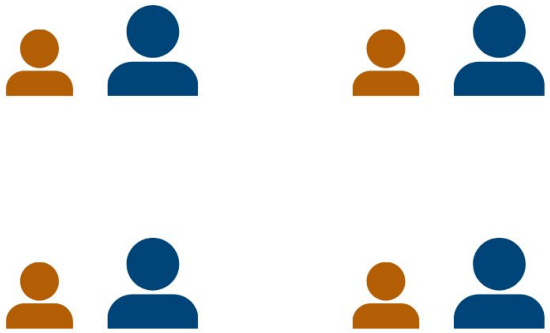
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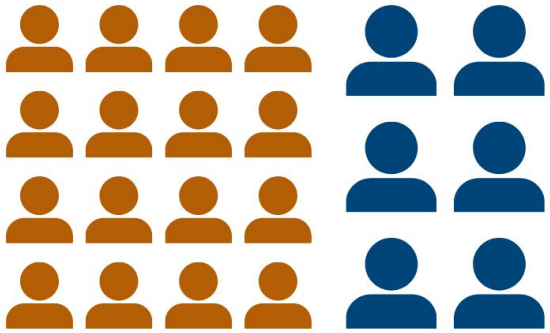
What Models of Mentoring does MTC offer?

1:1 mentoring



LAHS MVHS AVHS

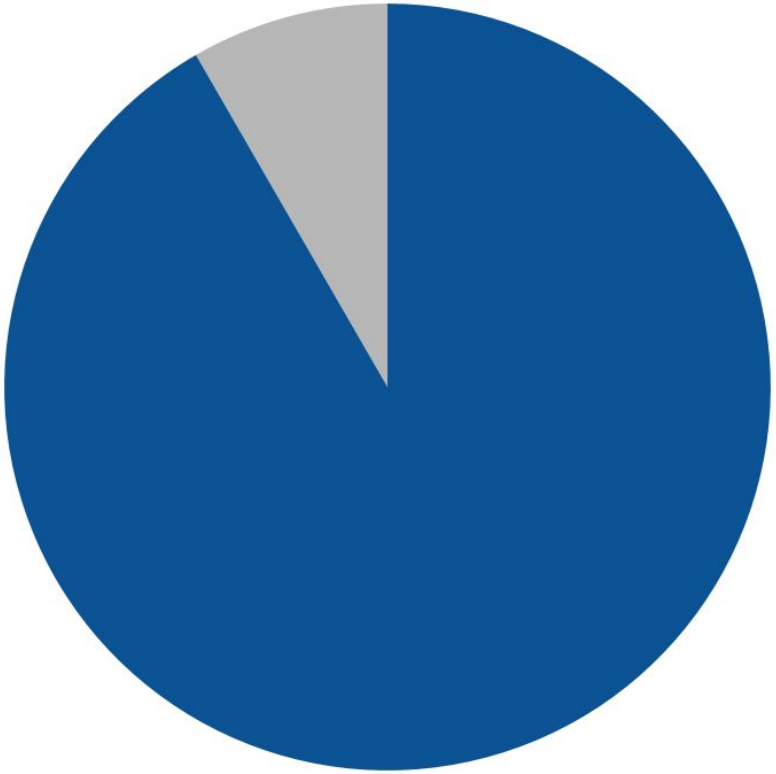
Group mentoring



AVHS

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This training focuses on 1:1 mentoring



Over 90%

of our mentors
support 1:1 mentoring

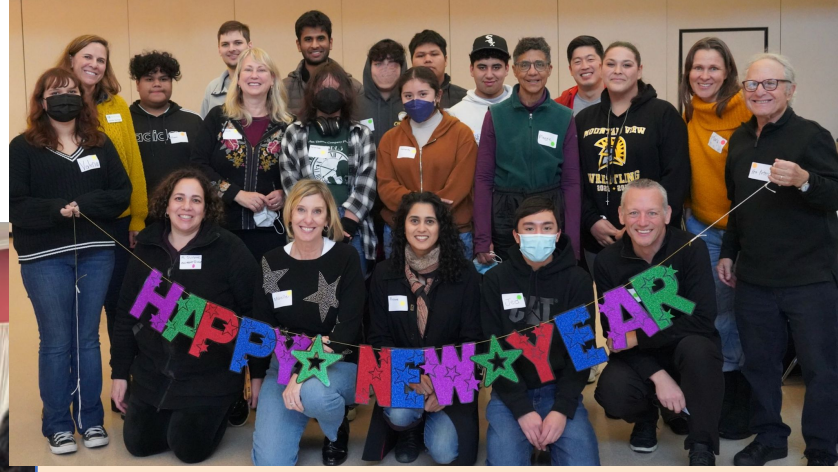
**You'll hear more about opportunities in Group Mentoring at the end of this presentation.

MTC Achievements
2025-26 School Year









84 mentees
281 students tutored
165 unique volunteers







100% of surveyed mentees would recommend the Mentor Program to a friend!

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Workshop Goals

2. Describe our mentees &

3. Clarify the role of a mentor



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What Are the Mentees Like?

Challenges & Life Realities

- Academic struggles
- Low income & financial stress
- Food or housing insecurity
- Working to help support their families

Demographics & Background

- **Non-English speaking homes**
- **First-Generation**: Path to be 1st to graduate high school or attend college
- **High Responsibility:** Translating for parents, caregiving, and home duties.
- **Strong Family Values:** Deep motivation to give back to their families

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How Do Students Become Mentees?

- Referrals from Teachers, Counselors, Principals, Case Managers, School Staff
- Current Mentees being ambassadors of the program
- We present information in person to:
  - ***AVID** Classes – national program for first generation college students
  - **ELD** Classes - focused on accelerating English language proficiency
  - **Supervised Study Classes**

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The Role of a Mentor

Build a Relationship with Your Mentee by Being…

- ✓ A source of support
- ✓ A caring guide
- ✓ A resource
- ✓ A trusted advisor
- ✓ A window into a bigger world

A mentor is part teacher, part advisor, and part friend. Your role will shift from moment to moment and student to student; your only task is to meet them exactly where they are.

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The Role of a Mentor is Not…

Savior

All Knowing

Therapist

Parent

ATM

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Mentoring - Best Practices…

Monitor

Empathy

Nurturer

Teen culture

Organizer

Relationship

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Workshop Goals

4. Describe the matching process



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Matching

1. Individual Mentee and Mentor Interviews

a. Personalities
b. Interests
c. Availability
d. Goals for mentorship

1. Match Meeting

b. Go over Mentee/Mentor Contract
c. First Activity Together, short/easy

2. Parent Notification/Introduction

b. MPM notifies parent of match
c. Introduce yourself to parent when drop off mentee at home

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Phases of the Matching Relationship

What you do at the Beginning

- Be positive, supportive and non-judgmental
- Focus on your mentee
- Involve your mentee in how you spend time together
- Schedule your next visit together and stay connected over text
- Meet 3-4 times a month to start

What you do in the Middle

- Become more comfortable and familiar with each other
- Get creative and be flexible with your time together
- Revise and discuss goals
- Establish boundaries
- Relationship becomes more authentic

Wrapping up the "Official" Mentorship

- Discuss your future relationship after MTC mentorship
- Many mentors and mentees maintain relationship for life
- Discuss future plans with MPM

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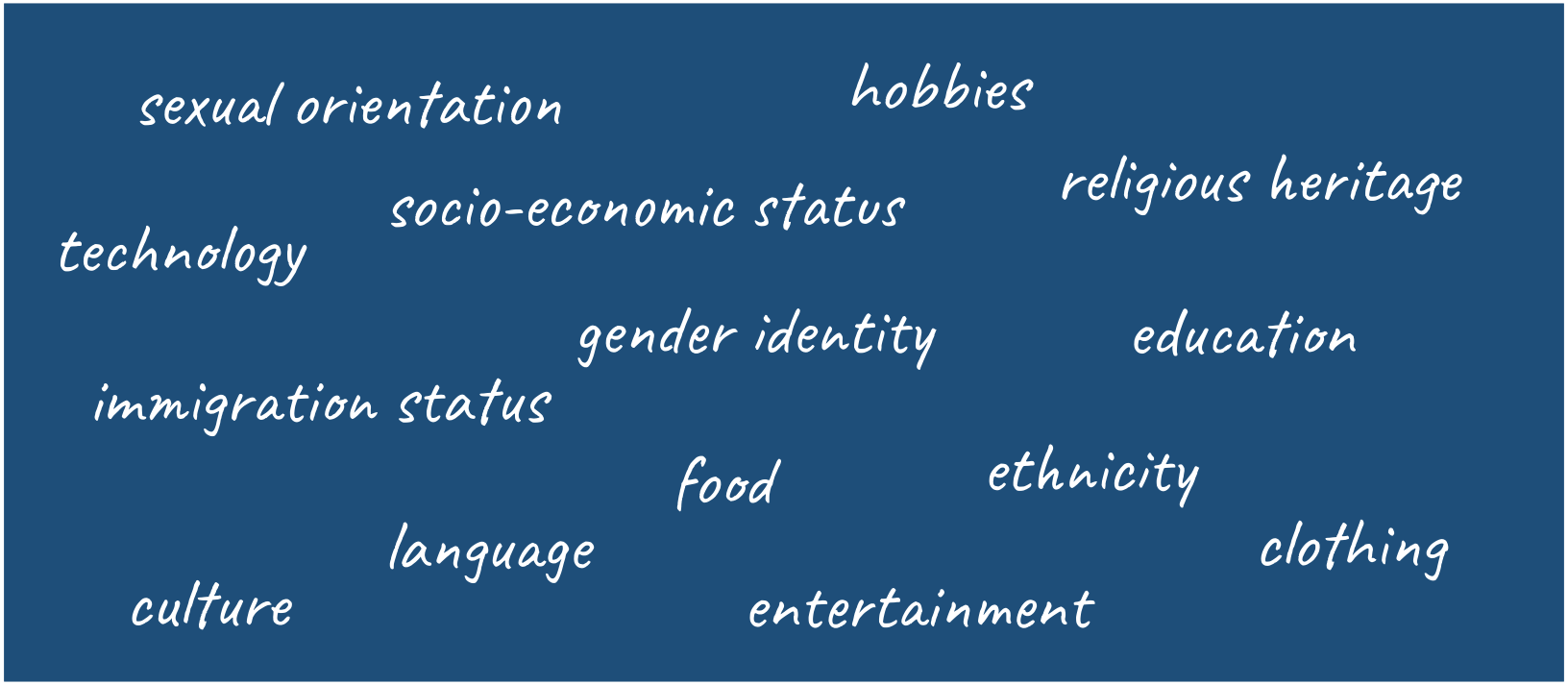
Workshop Goals

5. Promote successful mentoring practices



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Possible Differences



Enter your relationship with CURIOSITY!

Ask questions from a place of being interested and learning from them

Non-Judgmental

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Equity and Inclusion

MTC's inclusive culture empowers us to **connect in authentic ways** to **fight all forms of bias and racism**, **promote belonging**, **build community** and **advance diversity and equity.**

Our commitment and actions will demonstrate to every young person that they are **respected and valued.**

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Cultural Sensitivity



- Recognize your own inherent culture
- Notice differences and see them as learning opportunities
- Find similarities as a point of connection
- Expose yourself to youth and popular culture
- Share your foods, music and traditions
- See your mentee as a unique and valuable individual

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Typical Challenges You May Encounter

- Your student ghosts you
- 

Lots of rescheduling
- 
Only brief text exchanges
- Mental health challenges
- Stressful/unstable home situation

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As a mandated reporter you must report immediately if you have a reasonable suspicion of:

Emotional, physical or sexual abuse

or neglect

Call Santa Clara County Child Protective Services
(833) 722-5437 / (833) SCC-KIDS
Fill Out and Submit Suspected Child Abuse Form within 36hrs
Santa Clara County Social Services Agency Website

If your mentee is in immediate danger or a life threatening situation, call 911

Be honest with your mentee about what you need to do with the information they have shared with you.

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If Your Mentee is in Need of Support

If you (or someone you know) is in need of support, call 988, or text RENEW to 741741, or find information at www.mvla.net/crisis-services.

You can also fill out an anonymous counseling referral. Counselors will do a quick check in to see how a student is doing & decide if help is needed.

MVLA Anonymous Referral Form

Be honest with your mentee about what you need to do with the information they have shared with you.

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Workshop Goals

6. Inspire and encourage long-lasting mentoring relationships



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Welcome to Our Visiting Mentor









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Steve's Tips

- **These kids will be very nervous when they meet you**
- **Ask some basic questions at the match meeting and even in the first couple times together:**
  - What classes are you in?
  - Do you have any brothers and sisters?
  - Do you have any pets?
  - Tell me 3 things that you like to do.
  - When are the best days and times you're available to get together?
- **The two hardest things about mentoring are getting responses via text or email and thinking of things to talk about.**
- **If you have difficulty getting a response from your mentee, notify your program manager and ask for assistance.**
- **Here are some tips about talking with your mentee:**
  - Before meeting each time, think of two or three questions you might like to ask.
  - Try to ask questions that don't only require a "yes/no" response, such as "why?"
  - Ask them to describe their parent or sibling with 3 words.
  - Many other "3 word" games to play: 3 favorite animals, 3 countries they'd like to visit, 3 favorite types of food, 3 things they've never done before that they'd like to try.
- **Don't be afraid to use examples from your own life to demonstrate similarities between your mentee and you!**

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Scenario Cards

Form a small group with those around you

Read scenario card together

Discuss possible ways to handle the situation

We will come together as a big group to share

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We Are Here to Support You!

We can reach out to your mentee

We are happy to discuss any issue

Boost your mentoring skills by attending one or two trainings per year. *We offer…*

MTC Trainings, Events and Activities

Four New Mentor Trainings per year

Topical online Webinars and High School District Presentations

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We Are Here to Support You!

> Mentor Resources Page <

password: mtcmentor

- mentor training and guidance
- mentor-mentee activity ideas
- mentoring websites
- mentoring articles
- books on mentoring
- school and district websites and calendars
- mentor certification requirement information

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Next Steps to Becoming a Mentor

1. **Complete our Volunteer Interest Form**
2. **Complete the MVLA District Volunteer Application:**
   - *attach* **your TB test or waiver** *(valid for 4 years)*
   - *request* **Volunteer Driver Approval**
   - *complete* **Keenan Safe Schools™ online course** *(1.5 hours, annually)*
   - *complete* **LiveScan Fingerprinting (done through MVLA Volunteers Office)**
   - *attend one* **New Mentor Training** *(1.5 hours - completed today!)*
3. **Interview with Mentor Program Manager**

For a status check on your application, please contact:

programs@mentortutorconnection.org

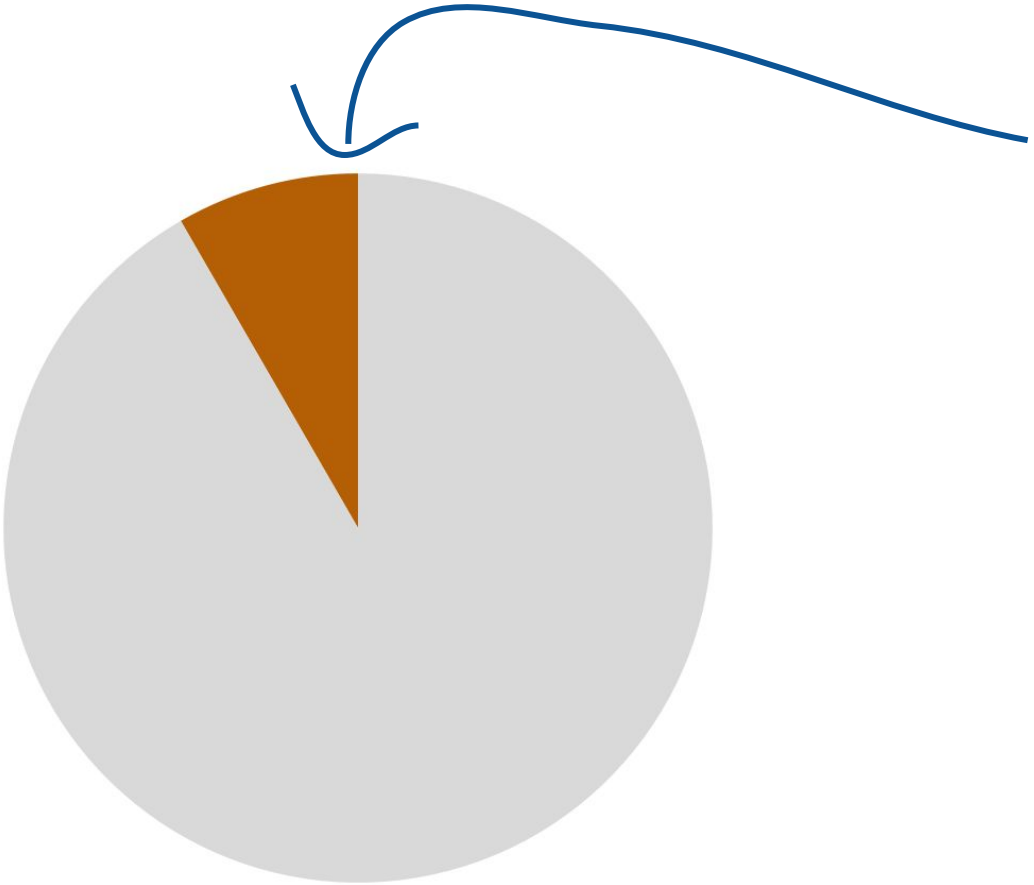
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Group Mentoring



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Group Mentoring



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Group Mentoring (AVHS only)

The Group Mentoring Team is a group of volunteer MTC mentors who support **on-campus mentoring during the school day** at Alta Vista High School.





Lunchtime on bi-weekly Thursdays & Fridays

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Group Mentoring (AVHS only)

Connect with mentees in our **elective-credit mentoring program**.

- Workshops
- Field trips

Connect with various AVHS students over occasional wellness activities (art projects, outdoor games, holiday celebrations).





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Group Mentoring (AVHS only)

Benefits

- Your MPM handles planning, costs, and communication.
- Team mentoring (troubleshoot & savor with fellow mentors)

Challenges

- More mentees (14 total; rotating 3:1 ratio)
- Teen social dynamics

Q&A

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