

## **MTC Volunteers TB (Tuberculosis) Skin Test Instructions**



All MTC volunteers must show proof of a negative TB Test or completion of the Adult TB Risk Assessment Questionnaire by a licensed health care provider within the past four years and then every four years thereafter.

Email your Test result or completed Questionnaire to MTC at [programs@mentortutorconnection.org](mailto:programs@mentortutorconnection.org)

### **Option 1: TB Test**

One of the following will satisfy this requirement: (a) negative TB skin test, (b) negative Quantiferon TB blood test or (c) negative chest x-ray with a note from the examining physician verifying that the volunteer is free of active TB.\*

We recommend having your TB skin test at Cedar Crest Nursing and Rehabilitation Center as there is **no fee** for MTC volunteers.

Alternatively, you may go to your physician's office.

To have your test taken at Cedar Crest Nursing and Rehabilitation Center please walk in any time between Monday through Friday between 10 am and 6pm.

Their address is: Cedar Crest Nursing and Rehabilitation Center  
797 East Fremont Avenue  
Sunnyvale, CA

72 hours from your appointment, return to Cedar Crest to have your skin test read. No appointment is necessary. They will give you your TB Test Screening Results.

\* If a skin or blood test is positive, MTC will accept a chest x-ray with a note from the physician stating the volunteer was examined and found free of active TB.

### **Option 2: Adult TB Risk Assessment Questionnaire**

MTC accepts the following questionnaire completed by a licensed health care provider: <http://www.mentortutorconnection.org/wp-content/uploads/2017/05/tb-risk-assessment-for-schools.pdf>